

The Oklahoma Varsity "O" Association Newsletter

DEAR LETTERWINNERS,

Happy New Year from the Varsity O Association! We hope everyone had a great holiday and was able to enjoy time with friends and family. Our athletic teams in season are continuing to have great success and the spring sports are working hard to have great seasons as well.

Spring Weekend is also coming up soon! The date has not been set, but we will make sure to notify our members as soon as it is finalized. Thanks again for your continued support and we look forward to seeing you at our upcoming events!

Boomer Sooner!







Please be sure to like the Varsity O Association Facebook page and follow us on Twitter to keep up to date on all of the latest news about the Varsity O Association and OU Athletics!

REMEMBERING OUR LEGENDS

J. HENRY BROYLES- was a member of the two-time football National Championship teams from 1955-1956.

WADE WALKER- Wade was a member of the Sooner football team from 1946-1949 and the athletic director for the University of Oklahoma from 1970-1986.

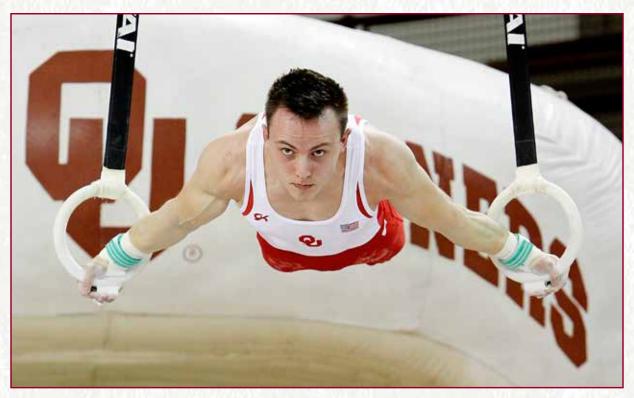
The updates to the Carl Anderson All-American plaza are complete. The next time you are on campus, visit the plaza to see the updated panels. If you see any mistakes, please let Debbie Copp know by emailing her at dcopp@ou.edu.



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MEN'S GYMNASTICS PREVIEW

The Oklahoma men's gymnastics team looks to build on it's success from 2013 and pursue another national title for the program. OU returns seven All-Americans including Danny Berardini (parallel bars), Presten Ellsworth (vault), Ethan Jose (high bar), Kanji Oyama (floor), Michael Reid (pommel horse), Alec Robin (all-around, vault, high bar) and Michael Squires, who is also the reigning NCAA national champion on still rings. This year's slate features four home meets. Oklahoma will also host the Mountain Pacific Sports Federation Conference Championship on Saturday, March 29. The Sooners, 2013 NCAA national runners up and defending Mountain Pacific Sports Federation champions, began the regular season on Jan. 11 at the Rocky Mountain Open in Colorado Springs, Colo. OU's first home meet will be Jan. 18 against Air Force at 5 p.m. at McCasland Field House.



MICHAEL SQUIRES

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SOONERS WIN SUGAR BOWL

Congratulations to the Sooner football team as they won the Allstate Sugar Bowl title, defeating Alabama 45-31! Freshman Trevor Knight completed a Sugar Bowl-record 32 passes for 348 yards and four touchdowns to lead the Sooners' success against a tough Alabama defense. Interceptions by Gabe Lynn and Zack Sanchez and fumble recoveries by Geneo Grissom derailed the Crimson Tide offense and helped lead the Sooners to victory in the 80th Sugar Bowl. Sooner Magic reigns again!



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PASSPORT TO YOUR FUTURE

The Passport to Your Future event is set for January 29, 2014. Last year's event was a huge success thanks to the strong participation we had from community leaders. We hope that you will consider participating this year.

The purpose of Passport to Your Future is twofold:

- 1. To help our current student-athletes establish relationships for personal and career development; and
- 2. To provide community members the opportunity to connect, and in some cases, mentor our outstanding student-athletes.

This year's event will consist of three 20-minute sessions and will tentatively run from 7:00-8:30. (We have omitted the speaker portion in order to decrease the time commitment for both student-athletes and mentors.)

If you plan to participate, please let our Career Center know by emailing soonercareer@ou.edu with your name, job title, company, and industry (i.e. education, engineering, etc.).

Should you have further questions, email (soonercareer@ou.edu) or call Kristen Fowler in the Kerr Sooner Career Center at (405) 325-8384.



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COMPLIANCE CORNER

It is a tremendous compliment when O Club members have children and proudly and actively encourage them to attend their alma mater. We continue to see an increase in the number of second and third generation Sooner athletes.

Although you are a former athlete and may receive nominal benefits incidental to your letterman status, the NCAA recruiting rules do not allow for exceptions or deviation during the recruiting process, regardless of the parent's or grandparent's status. If you have a relative who is being recruiting by a sport, all recruiting rules remain in place throughout the recruiting process. We want to make all O Club members aware of this situation to protect the prospect's eligibility and the integrity of the institution. For example, you have may have friends or business associates who are suite holders for football. Your child would be prohibited from sitting in the suite during an official visit as this would constitute preferential seating.

Our office is here to provide assistance to any O Club member that has questions regarding NCAA regulations for recruiting or initial eligibility. We encourage you to use us as resource so that the integrity of the recruiting process is upheld.

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