



VARSITY NEWS

The Oklahoma Varsity "O" Association Newsletter

DEAR LETTERWINNERS,

Spring Weekend is here! We are extremely excited to welcome our letterwinners back to campus. Please be sure to get in your registration forms if you haven't done so already. We are crossing our fingers for good weather this year. This is one of our favorite events as it brings together a large range of letterwinners and allows us to catch up with everyone.

On another note, we are starting to plan for our events for the upcoming school year. If you have any suggestions or comments, please don't hesitate to send them our way. It is always nice to hear from our letterwinners on different ways we can serve you as well as improvements we can make.

Boomer Sooner!

FOLLOW VARSITY O ON FACEBOOK AND TWITTER



Please be sure to like the Varsity O Association Facebook page and follow us on Twitter to keep up to date on all of the latest news about the Varsity O Association and OU Athletics!

REMEMBERING OUR LEGENDS

JW COLE - JW was a member of the OU football team from 1949-1950.

JOHNNIE RISINGER - Johnnie was a member of the Sooner baseball team from 1952-1954.

JERRY DONAGHEY- Jerry was a member of the Sooner football team from 1952-1953.



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2014 VARSITY O SPRING WEEKEND

The Varsity O Association will once again host Spring Weekend. This year's event dates are April 11-12, 2014. We will have the Varsity O Association Golf Classic, Picnic Lunch and Varsity O Social on Friday, April 11, and the Spring Football Game will be held on Saturday, April 12. If you would like to participate in any of the events, please fill out the registration brochure and return it to Varsity O. We hope to see you there!

VARSITY O ASSOCIATION
SPRING WEEKEND
APRIL 11-12, 2014

PLEASE
SAVE THE DATE
& PLAN ON JOINING
IN THE FUN!

BOOMER SOONER!



VARSITY O
GOLF TOURNAMENT

SOCIAL

SPRING GAME



For more information, call 405.325.4709 or e-mail varsityo@ou.edu



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MEN'S AND WOMEN'S TRACK BREAKDOWN

The OU Track and Field teams have begun outdoor competition and are eager to build upon their performance during the indoor season. The Sooners closed out the month of March competing in two invitationals and will host the John Jacobs invitational April 19. The Sooners started off the outdoor season in Tempe, Arizona at the Baldy Castillo Invitational. Elizabeth Herrs was among the standouts of the meet while offering a career-best throw of 176-2 in the javelin. Sooners Avione Allgood and Ashley Kowalewski followed behind Herrs, taking second and third place with marks of 168-2 and 152-7 respectively. OU long jumper Nolan Hay took first place with a jump of 24-11. Placing second was fellow Sooner Hayden McClain with a mark of 24-3.75. The quartet of Matt Wicks, Waymon Storey, Ethan Baker, and Scott Petersen fared well in the 4x100 relay, taking second place with a time of 41.32. The Sooner men also performed well in the 1500, accounting for three of the top six finishers. Jacob Burcham took fourth with a time of 3:46.21, Brandon Doughty and Abbabiya Simbassa took fifth and sixth with times of 3:47.96 and 3:48.06 respectively.

The Sooners found participated at the Clyde Littlefield Texas Relays for their second invitational of the outdoor season. Several Sooners made a splash in Austin during the meet. McClain performed well, finishing fifth in the triple jump with a mark of 49-9.75. The OU women throwers showed well with their marks at the competition. Allgood took fourth place in the shot put, section B, throwing a 47-10. Discus thrower Alex Morgan took fifth in section A of the discus with a 165-2. Sophomore Everette Favor tied a personal best in the pole vault with a measure of 16-6.75 giving him a fifth place finish in section B. With the overall performance at the Texas Relays it was made clear that the Sooners have something to be built upon. Head coach Jim VanHootegem explained his thoughts, "we struggled a little bit, but that is why you go to these meets, to get better and prepare for the meets moving forward."

Selected members of the OU Track and Field team will compete at meets at Stanford and the University of Alabama before coming together to host the John Jacobs Invitational.





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COMPLIANCE CORNER

As the end of a very successful academic and athletic year nears, the focus for many student-athletes is summer employment. As a booster, it is permissible for you to employ student-athletes in legitimate jobs provided the work and earnings are within the NCAA guidelines.

Due to well publicized events in the past, the Athletics Compliance Department ("Compliance") monitors student-athlete employment diligently. The NCAA requires each institution to confirm that student-athletes are being paid for work actually performed and at a rate commensurate with the going rate in the locality for similar services.

Each student-athlete is required to receive prior approval from Compliance and each employer is required to complete student-athlete employment forms and submit payroll documentation. If you employ an athlete, please protect his or her eligibility by following the established protocols and directing any employment questions or concerns to Compliance.

We have provided the NCAA Bylaws below for your reference and ask that you contact the Athletics Compliance Department at 405-325-7004 or athleticscompliance@ou.edu with questions.

NCAA BYLAW 12.4.1 - CRITERIA GOVERNING COMPENSATION TO STUDENT-ATHLETES.

Compensation may be paid to a student-athlete: (Revised: 11/22/04)

- (a) Only for work actually performed; and
- (b) At a rate commensurate with the going rate in that locality for similar services.

NCAA BYLAW 12.4.1.1 ATHLETICS REPUTATION.

Such compensation may not include any remuneration for value or utility that the student-athlete may have for the employer because of the publicity, reputation, fame or personal following that he or she has obtained because of athletics ability.

NCAA BYLAW 15.2.7 - EMPLOYMENT.

Earnings from a student-athlete's on- or off-campus employment that occurs at any time is exempt and is not counted in determining a student-athlete's cost of attendance or in the institution's financial aid limitations, provided: (Revised: 10/31/02 effective 8/1/03, 4/29/04 effective 8/1/04)

- (a) The student-athlete's compensation does not include any remuneration for value or utility that the student-athlete may have for the employer because of the publicity, reputation, fame or personal following that he or she has obtained because of athletics ability;
- (b) The student-athlete is compensated only for work actually performed; and
- (c) The student-athlete is compensated at a rate commensurate with the going rate in that locality for similar services.